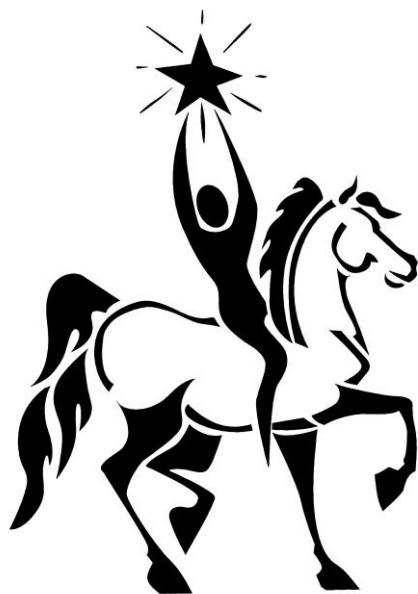


Therapeutic Equestrian Center, Inc.

Newsletter

Winter 2012



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Therapeutic Equestrian Center (TEC)

**537 Northampton Street
Holyoke, MA 01040
413-532-1462**

**info@equestriantherapy.org
www.equestriantherapy.org**

President's Message:

The TEC Board of Directors extends its thanks all of our Friends, parents, volunteers and staff for making this Thirtieth Anniversary year a banner year for TEC.

The Second Annual Harvest Dinner at Eighty Jarvis Restaurant was a delicious success. Those who attended have already marked their 2013 Calendars for the second Monday evening in November for the third edition of great eating with wonderful wine pairings and superb company. TEC's sincere thanks go to Jeff and Lorraine Aldrich, owners of Eighty Jarvis, for their help. Mike Brunelle of United Liquors presented the wines while executive chef Nick Hayes discussed the foods.

A new school group and additional youngsters are participating in TEC's programs and session hours have been added to our week. We appear to be on a financially firm operational base for the first time in our history.

TEC continues to have a long list of maintenance needs which must be attended to. Work has begun on whittling that list down!

Riders and their families and caregivers have already had the benefit of the new floor in the office and lounge. Two new saddles are in the tack room.

Research is being done on both a sprinkling system and a change in the arena surface material to help keep dust down. Fencing estimates for the small back paddocks have been obtained. Work will begin on all of these things as soon as TEC is financially able to do them.

Thus, for those of TEC's Friends who are considering celebrating this season of caring and sharing with a charitable gift, help is always needed and gratefully received (checks may be made out to "Friends of TEC" and mail to TEC at P.O. Box 6808, Holyoke, MA 01041)

TEC's Board of Directors wishes all of TEC's family of Friends, Staff and Riders a joyous Holiday Season and a Healthy, Peaceful New Year!

Sue Ellen Panitch

The Therapeutic Equestrian Center, Inc. (TEC) is a private 501(c)(3) organization incorporated in 1984 dedicated to providing physical, learning and recreational opportunities to special needs children and adults. TEC is governed by a Board of Directors and managed by the Executive Director.

President - Sue Ellen Panitch

Vice President – Christine Delude

Treasurer - Timothy Deshaies

Recording Secretary – Debra Vega

Corresponding Secretary – Torin Moore

Board of Directors

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Dr. John Cowley

Amy Craven

Carla Neiswanger

David O'Connor

Anna-May Sieniawski

James Sutter

Jill Tellier

Atty. Thomas Wilson

Executive Director - Judith Zedonis

Barn Manager - Nora Britton

Instructors

Nora Britton

Karen Dahmke

Nancy Karp

Volunteer Coordinator - Alyson Bull

Newsletter Editor - Judy Zedonis



PATH
INTERNATIONAL

Professional Association of Therapeutic
Horsemanship International

— MEMBER —

TEC News

I can't believe another year has gone by. As 2012 comes to an end everyone here at TEC is getting ready for our winter break. A time to enjoy the Holidays, catch up on some paperwork, start planning and scheduling for the new year. Even though we take a break from classes there is still a lot that goes on at TEC. The horses require care 24/7, 52 weeks a year. Hopefully, some of our volunteers will continue to help out during our winter break.

Also, a volunteer orientation session is scheduled for Jan 9TH. Planning has already started for TEC's biggest fundraiser "Future Begins Here". The work is never done at TEC

Our Annual TEC Horse Show was once again a great success and well attended. A special thanks to Chris Delude, our wonderful judge this year. Plus one of our own TEC volunteers Jill Apolinario donated her services to capture the event with her beautiful photos. If anyone is interested you can still get copies of any of her pictures. You can view samples at the TEC office.

Make TEC your own. Once again I am asking interested individuals to submit ideas for fundraisers, social events and activities for our riders and volunteers. Let us know how TEC can better serve your needs. Would you like to see something changed or added? Let me know and we can talk about it. If we are doing a good job let us know that too. It is wonderful to hear that TEC is making a difference in people's lives. Submit articles that interest you to the newsletter. Editorial comments and letters are welcome.

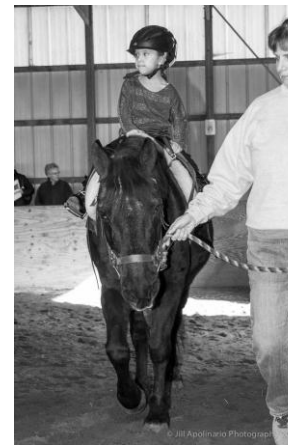
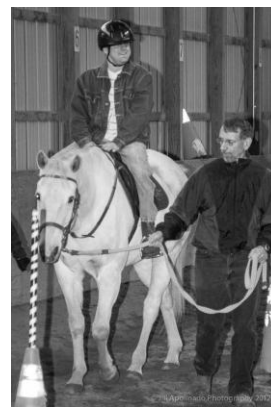
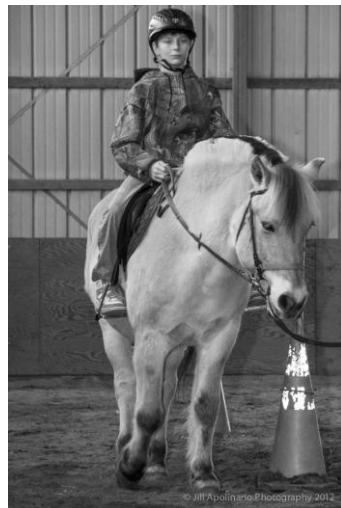
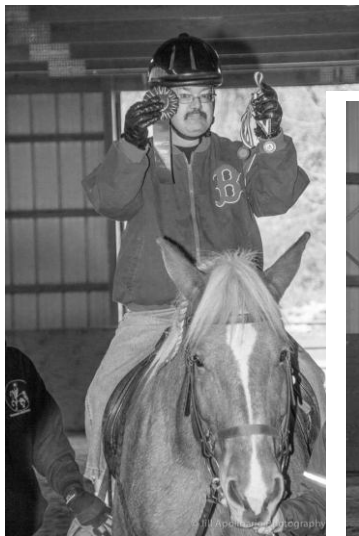
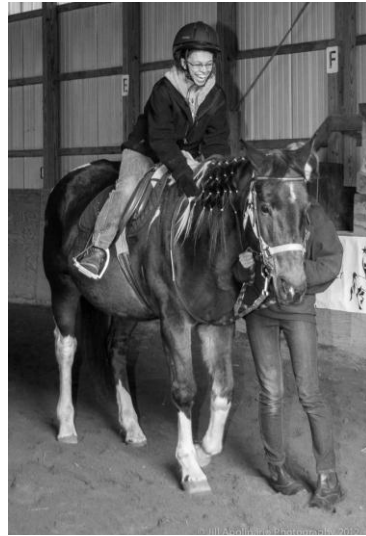
As is traditional at this time of year, I was going to thank all of the individuals and groups that have so generously helped TEC throughout the year. When I got started I realized it would be very, very long list indeed and wouldn't even fit in my column. So the best I can do at this time is to express my sincerest thanks to all of those who have contributed in some way to TEC during the year. TEC couldn't exist without you.

Happy Holidays to All

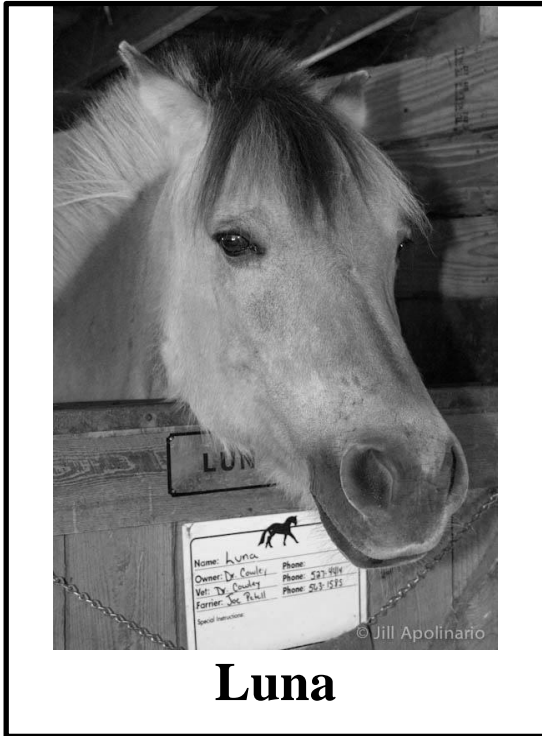
Judy

Pictures from the 2012 TEC Horse Show

By Jill Apolinario Photography



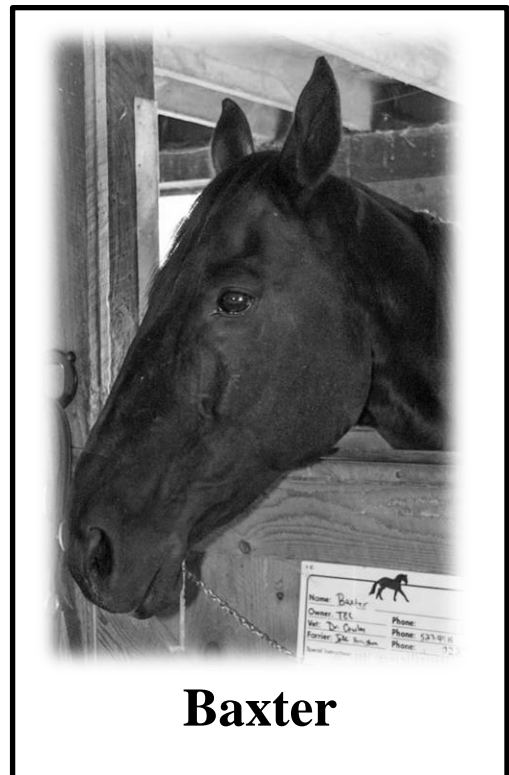
The Horses That Make TEC Possible



Luna

Hello, my name is **Luna** I am part of the team at the Therapeutic Equestrian Center (TEC). I am a Norwegian Fjord horse, one of the world's oldest breeds. I am dun colored with a dark dorsal stripe and have a mane that stands up naturally in Mohawk. You can't miss me. I have been at TEC a very long time because I just love what I do. TEC provides physical, learning and recreational opportunities, with my help, to special needs children and adults. Because of my gentle disposition and sturdy body type I am the go to horse for our more involved riders and or timid riders. I am always patient and willing to help our riders. Therapeutic riding provides a tremendous amount of benefit to individuals with disabilities.

My name is **Baxter** I am also part of the team at the Therapeutic Equestrian Center (TEC). I am tall (over 16 hands) , dark (black) and handsome (so I have been told). I have been at TEC a little over a year now learning the job of a therapeutic horse. It is different from my previous job of pleasure riding and show horse! I just love what I do now. TEC provides physical, learning and recreational opportunities, with my help, to special needs children and adults. My job is to take care of our riders. I have helped many of our riders to gain their confidence and ride independently, that means without a leader or sidewalker to help them, just me and my rider. I am very proud of my ability to help them ride correctly. It's fun for both of us.



Baxter

How You Can Help

Our Therapeutic riding program provides a tremendous amount of benefit to individuals with disabilities. But the care of the horses and facility makes the program quite costly to operate. You can make a difference in many ways.

TEC is funded by grants, donations, special fundraising events and rider fees.

United Way for TEC: The Therapeutic Equestrian Center, Inc. is a qualified 501(c)(3) Agency. TEC qualifies as a designated receiver of donations through the United Way.

Florence Savings Bank Customers' Choice Community Grants Program: Each year, Florence Savings Bank donates to local, non-profit organizations. FSB customers have the opportunity to cast a ballot to decide where the money will go. Please cast your vote for TEC. This annual program runs from Jan 1st to Dec 31st.

MissionFish - Ebay's charitable giving program support TEC while buying or selling on EBay

If you are interested in making a contribution to help support TEC please contact the office at 413-532-1462 or info@equestriantherapy.org. You can also make a contribution online at www.EquestrianTherapy.org.

We do need and appreciate your help.



TEC Wish List

The following "Wish List" contains just some of things that we need at TEC. I am sure you can think of other things that we could use. Thank You & Happy Holidays to All.

- Hay (remember the saying "eats like a horse", each horse eats about ½ bale of hay every day!)
- Bagged Bedding (shavings or softwood pellets make a nice soft, clean bed for us) stalls are cleaned daily
- Wheelbarrow, for cleaning stalls
- Muck Bucket Cart, to make it easier to clean the arena
- Cleaning products; Garbage Bags; Paper Towels; Toilet Paper; Kleenex; Hot & Cold Cups
- First Aid Supplies for horses and humans
- Gift Certificates to: Feed Stores, Tack Shops, Office Supply Stores, Hardware Stores
- Heavy duty garden hoses, to bring water to outside paddocks and water arena
- and don't forget our resident barn cat, Eve; Cat Food (dry) & Kitty litter

*Remember TEC is a private non-profit 501(c)(3) organization
Donations are tax deductible to the extent allowed*

TEC Calendar of Events 2013

Jan 9: Volunteer Orientation

Jan 14: Start Riding Session #1, 2013

Jan TBA: Watch for information about a Women's Horsemanship class that will be starting in Jan on Tuesdays from 5:30 to 7PM

May 5: "Future Begins Here" fundraiser

Nov 11: Harvest Dinner fundraiser

TEC Volunteer Orientation

Jan 9, 2013 from 4:30 to 6:30

537 Northampton Street, Holyoke, MA

TEC is always in need of volunteers to help in our program. Without our dedicated volunteers TEC could not provide its services. Whether you are experienced or not, your willingness to give of yourself and your time is what we need. No experience necessary – will train! Join us on Jan 9th to find out how you can help.

TEC – Cancellation Policy

Remember TEC follows the same schedule for cancellations, holidays and vacations as the Holyoke School system. If Holyoke schools are closed due to bad weather TEC will cancel classes. TEC will also sometimes cancel because of extreme heat or cold.

If you have any questions please do not hesitate to call TEC at 413-532-1462 to find out if classes have been cancelled. If we are unavailable to answer the phone there will be a message on the answering machine at TEC with that information.

Also you can join us on Facebook for notifications and updates.

TEC Hoodies

Show Your Support of TEC

Wear Your Affiliation for all to see

A limited number of TEC Hoodies are available for sale for \$30 each at TEC

TEC Class Schedule

Jan/Feb 2013 – Session #1

Monday:

Jan 14 to Feb 25, 2013–5 week session (no class 1/21 & 2/18)

Groups at; 4:00 PM, 5:00 PM & 6:00 PM

Tuesday:

Jan 15 to Feb 26, 2013 – 6 week session (no class 2/19)

Groups at; 9:30, 10:30, 11:30AM, 12:30 & 4:30PM

Wednesday:

Jan 16 to Feb 27, 2013 - 6 week session (no class 2/20)

Groups at; 4:00 PM, 5:00 PM & 6:00 PM

Thursday:

Jan 17 to Feb 28, 2013 – 6 week session (no class 2/21)

Groups at; 4:00 PM, 5:00 PM & 6:00 PM

Friday:

Jan 18 to Mar 1, 2013 – 6 week session (no class 2/22)

Groups at; 4:00 PM, 5:00 PM & 6:00 PM

TEC will be on Break week of 2/18 to 2/22

Watch for information coming soon

Women's Horsemanship Class

Starting in Jan on Tuesdays from 5:30 to 7 PM

TEC Class Schedule

Mar/Apr – Session #2

Monday:

Mar 4 to April 29, 2013 – 8 week session (no class 4/15)

Groups at; 4:00 PM, 5:00 PM & 6:00 PM

Tuesday:

Mar 5 to April 30, 2013 – 8 week session (no class 4/16)

Groups at; 9:30, 10:30, 11:30AM, 12:30 & 4:30PM

Wednesday:

Mar 6 May 1, 2013 – 8 week session (no class 4/17)

Groups at; 4:00 PM, 5:00 PM & 6:00 PM

Thursday:

Mar 7 to May 2, 2013 – 8 week session (no class 4/18)

Groups at; 4:00 PM, 5:00 PM & 6:00 PM

Friday:

Mar 8 to May 3, 2013 – 8 week session (no class 4/19)

Groups at; 4:00 PM, 5:00 PM & 6:00 PM

TEC will be on break April 15 to April 19

Next Session to start May 6, 2013

Call 413-532-1462 for info

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