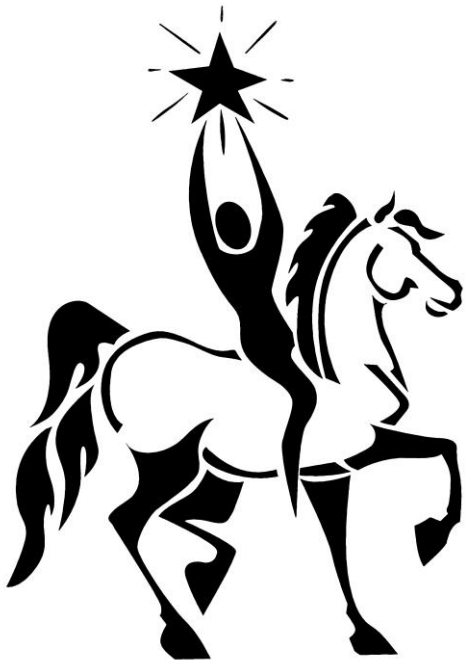


# *Therapeutic Equestrian Center, Inc.*

## *Summer 2016 Newsletter*



*Happy Belated Birthday to TEC's own  
Fairy Godmother  
Cecile Ploran*

### *Inside This Issue:*

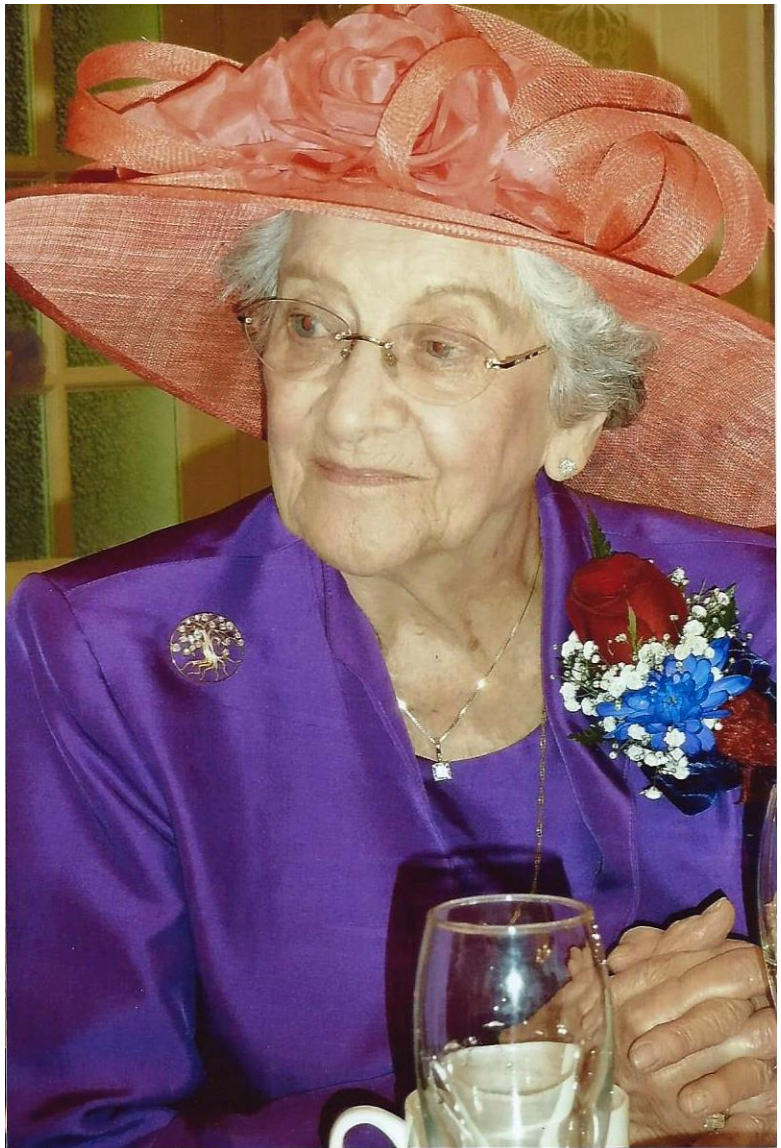
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**The Therapeutic Equestrian  
Center, Inc. (TEC)**

**537 Northampton Street  
Holyoke, MA 01040  
413-532-1462**

**info@EquestrianTherapy.org  
www.EquestrianTherapy.org**



*The Therapeutic Equestrian Center, Inc. (TEC) is a private 501(c)(3) organization incorporated in 1984 dedicated to providing physical, learning and recreational opportunities to special needs children and adults. TEC is governed by a Board of Directors and managed by the Executive Director.*

**President** - Sue Ellen Panitch  
**Vice President** – Jill Apolinario  
**2<sup>nd</sup> Vice President** – James Sutter  
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**Recording Secretary** – Debra Vega  
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**Executive Director** - Judith Zedonis

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**Instructors:**

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 Karen Dahmke  
 Doreen Garde  
 Nancy Karp  
 Michelle Lague  
 Annie Sexauer

**Volunteer Coordinator** - Tammie Badura

**Newsletter Editor** - Judy Zedonis



Professional Association of Therapeutic  
 Horsemanship International

## Directors News

Hi All,

Oh where has the summer gone! Summer Newsletter is very late and now it is time for the Fall Newsletter! You will soon be receiving the Fall Newsletter (I promise) with updates of all the upcoming activities at TEC. Check out the calendar! Volunteer Orientation Sept 8, Fall sessions starts Sept 12, Equestrian Special Olympics, Sept 18. TEC Horse Show Oct 29, Harvest Dinner Nov 10 and more to come!

What can I say about the summer classes; hot and hotter. We canceled many of the afternoon classes because it was so hot and humid it was dangerous for riders, volunteers and horse. Special thanks to all those riders and volunteers that stayed with us during one of the hottest summers I can remember.

### T-Shirt Contest



**Photo was taken in Cordoba, Spain, at a small cafe near the Mosque Cathedral**

Phil, one of TEC's, longtime volunteers taking it easy on vacation in Spain. Note he is wearing his TEC T-Shirt. Where did your TEC T-Shirt go this summer? Send me a picture!

Hope you enjoyed the Summer,

*Judy*

Nicole Bizkholzer Cllinic “Meet your Horse in the Here and Now” on Saturday May 14th was fantastic! Hope to have her back soon for another workshop.



### TEC's Wish List

- Hay: each horse eats about ½ bale of hay every day!
- Bagged Bedding: shavings/softwood pellets; stalls are cleaned daily
- Furniture for lounge area
- Garbage Bags; PaperTowels; ToiletPaper; Kleenex
- Snacks for our riders & volunteers; Coffee (Kcups), Hot Chocolate, and Hot & Cold cups
- Gift Certificates to: Feed Stores, Tack Shops, Office Supply Stores, Hardware Stores
- and don't forget our resident barn cat, Eve; Cat Food (dry) & Kitty litter

*Remember TEC is a private non-profit 501(c)(3) organization  
Donations are tax deductible to the extent allowed by law*



### Calendar of Events 2016

- Aug 20:** TEC Summer Picnic
  - Sept 8:** Volunteer orientation
  - Sept 18:** Equestrian Special Olympics
  - Oct 29:** TEC Horse Show
  - Nov 10:** Harvest Dinner
  - Dec TBA:** Holiday Craft Fair Fundraiser
- For more info check out  
[www.EquestrianTherapy.org](http://www.EquestrianTherapy.org) or call 413-532-1462  
 or email [info@EquestrianTherapy.org](mailto:info@EquestrianTherapy.org)

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#### TEC's Cancellation Policy:

Call TEC at 413-532-1462 to find out if classes have been cancelled. There will be a message on the answering machine at TEC with information.

Join us on Facebook for updates.

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**We're going green! Please help us save trees and postage! Sign up today for electronic delivery of our newsletters! It's fast and it's easy!**

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**Reminder:** This program is supported in part by the Holyoke Community Development Block Grant Program using U.S. Department of Housing and Urban Development funds.

## TEC Class Schedule

### Sept/Oct 2016 – Session #5

- Monday:**  
**Sept 12 to Oct 24 – 6 week session** (no class 10/10)  
 Groups at; 4:00 PM, 5:00 PM & 6:00 PM
- Tuesday:**  
**Sept 13 to Oct 25 – 7 week session**  
 Groups at; 9:30, 10:30, 11:30AM & 12:30, 4, 5, & 6 PM
- Wednesday:**  
**Sept 14 to Oct 26 – 7 week session**  
 Groups at; 4:00 PM, 5:00 PM & 6:00 PM
- Thursday:**  
**Sept 15 to Oct 27 – 7 week session**  
 Groups at; 4:00 PM, 5:00 PM & 6:00 PM
- Friday:**  
**Sept 16 to Oct 28 – 7 week session**  
 Groups at; 4:00 PM, 5:00 PM & 6:00 PM

**TEC Horse Show Saturday, Oct 29<sup>th</sup>**

### Nov/Dec16 – Session #6

- Monday:**  
**Oct 31 to Dec 12 – 6 week session**  
 Groups at; 4:00, 5:00 & 6:00 PM
- Tuesday:**  
**Nov 1 to Dec 13 – 6 week session**  
 Groups at; 9:30, 10:30, 11:30 AM & 12:30 PM  
 Groups at; 4:15, 5:15 & 6:15 PM
- Wednesday:**  
**Nov 2 to Dec 14 – 6 week session**  
 Groups at; 4:00, 5:00 & 6:00 PM
- Thursday:**  
**Nov 3 to Dec 15 – 6 week session**  
 Groups at; 4:00, 5:00 & 6:00 PM
- Friday:**  
**Nov 4 to Dec 16 – 6 week session**  
 Groups at; 4:00 PM, 5:00 PM & 6:00 PM

**Next session to start Mid-January 2017  
 Call 413-532-1462 for info**