



Therapeutic Equestrian Center

— *The Power of Horses* —

Holyoke, MA

Looking to reduce stress and anxiety after the holidays?

Join Tammie Badura, Certified Peer Specialist, at The Therapeutic Equestrian Center for a calming with horses class, for those who want to experience the magic of horses with the opportunity to interact with horses.

Classes start January 14, 2017

Last class February 4, 2017

10:00am- 11:00am adults and 11:30-12:30 teenagers

Fee is \$80.00 per person for the 4 week session. Space is limited so call ahead for a spot.

Call Judy Zedonis or Tammie Badura at TEC to reserve your spot.
(413)-532-1462

We look forward to seeing you at our workshop!

TEC is a non profit 501 c 3 program.